

# Rewards for Wellness

## TESTIMONIALS WANTED!

Share Your Success and Inspire Others to Follow.

The State of Rhode Island's **Rewards for Wellness** program is designed to help employees adopt and maintain healthy lifestyle behaviors as a way of life.

If you have made a healthy change as a result of participating in the **Rewards for Wellness** program and would like to share your story to help challenge and inspire others, please complete and submit this form.

Samples: "**Rewards for Wellness** has inspired me to quit smoking after 40 years."

"Since joining a UnitedHealthcare online health coaching program, I have lost 5 pounds and feel terrific."

Your Story:

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Name (optional): \_\_\_\_\_ Phone: \_\_\_\_\_

I give me permission for the State of Rhode Island and United Healthcare to share my success story with others.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please return this form to Erin Brown at [ErinB@hr.ri.gov](mailto:ErinB@hr.ri.gov) or at  
Department of Administration, One Capitol Hill,  
Human Resources 3rd Floor, Providence, RI 02908

